



Dear Parents and Carers

Hello again everyone.

I have been out on training this week (Tuesday to Thursday) and the school has been wonderfully managed by Alice Leadbeter and the team. A big thank you to everyone for their work and commitment to the cause.

Safeguarding – Mobile Phones and Edurio Data

Did anyone see 'Swiped' on Channel 4 before Christmas? The idea of the documentary was to take mobile phones away from a group of children for 3 weeks. The outcome, unsurprisingly, was that the children gained sleep time, became 'children' again became less stressed and laughed more. It was a fascinating watch. The documentary is still available on the Channel 4 player. My house's 'mobile phone policy' certainly changed as a result of this programme!

Edurio surveyed 184,000 pupils (a massive sample) of varying ages between 2020 and 2023. An interesting period of time, as it encompasses the COVID years and the 2 years afterwards. The findings are startling:

- Less than 40% of the 184,000 children reported feeling 'emotionally and physically' well
- Pupil's happiness dropped 15% over the 4 years
- Wellbeing decreases as children get older
- Girls have lower wellbeing scores than boys
- 51% of 184,000 reported feeling more 'stressed'
- 34% of 184,000 said they slept well
- 25% of 184,000 said they were lonely

All of you reading would have thought hard about 1 or 2 of these bullet points. Some of this data is truly alarming – so it begs the question what can we do to help or support our young people better? We need children to flourish everywhere – school and at home. This means focussing on quality of sleep, feeling well, friendships. If nothing else, I hope the data can be used to provoke conversations, discussions and debate with our young people.

Cultural Capital

Later this term, staff will be meeting to map out our Cultural Capital grid. This will be a programme of experiences that we would want our children to experience before they leave Burrough Green.

I am keen to take the views of parents and carers into account. What do you think the children should experience?

Please email in with your ideas and contributions before the end of February.

We want to get our provision right - no we need to get it right. Our young people deserve the very best opportunities.

Clubs

After half term, we will be utilising our continuous provision on the playground to run clubs during most lunchbreaks. Clubs foster a sense of belonging and this is important to a child's development – although the family feel of this school goes a very long way to achieving that.

A timetable will be sent out before half term. Children can drop in and out of the clubs and there will no restrictions in the first instance. All are welcome!

Governor Meeting 14-1-25

Below are the points governors wish to share from the last governor's meeting:

- The board welcomed a new governor Geoff Hayward, David Barker as clerk and Bridget Harrison, ACT Director of Education
- The Nativity was commented upon as a success, with the signing of 'O Holy Night' particularly moving
- The Board thanked Lisa and Hattie for their work at the Wrap Around Care noting that 76% of children were using this.
- Governors thanked the children for their hard work in the school.
- Governors received the school calendar and noted all the exciting activities of this term, and governors look forward to joining in.
- Governor monitoring will focus on Safeguarding, maths and writing.
- Governors were pleased to welcome Katie Churchyard to the school as she undertakes her four-week placement at Burrough Green.

Dates for Parents

27-1-25 Parent Cooking Workshop with Katie Churchard

28-1-25 – KS2 Parent's Lunch

30-1-25 Malala - NO OUTSIDERS: We All Belong Here Lesson 9am

31-1-25 – GEOGRAPHY TRIP TO KINGFISHERS BRIDGE NATURE RESERVE

3-2-25 Parent Evenings 4.30pm – 6.30pm

4-2-25 Parent Evenings 3.30pm – 5pm

6-2-25 Teresa - NO OUTSIDERS: We All Belong Here Lesson 9am

7-2-25 Einstein – Reading Café 9am (Teresa and Malala parents welcome, in classes, as usual)

11-2-25 KS1 Parent's Lunch

You can see from above that we are trying to get the community into school as often as we can. The Reading Cafes will be replacing our sharing assemblies for the near future.

Lots of you have already had the opportunity to see a No Outsiders lesson, and as explained before, there will one of these every half term.

Please, please take advantage of these opportunities if you can – your children will absolutely love the opportunity to work alongside you in their work environments. Thank you.

Parent Events this Week

We have welcomed parents into school Thursday and Friday, this week. Einstein hosted a No Outsiders lesson and Malala held their Reading Café. Thank you to all who found the time to attend.



Teresa Parents

Parent Governor Election

Sadly, due to work commitments, Katie Woodcock has had to stand down as Parent Governor. Please consider standing as a parent governor and complete the paperwork sent from school today. We look forward to hearing from interested parents. Please speak to Georgie Shepherd, Rachel

McDonnell or Katie Woodcock for their thoughts on the role. Alternatively, you may email me, Anthea Kenna, chair@bg.act-academytrust.org
Governors would like to thank Katie for all she has given to the school and Governing Board as both clerk and parent governor.

Lunch - Tuesday 28th January

We look forward to welcoming Teresa parents for lunch on Tuesday 28th January. Please click [here](#) to book. Deadline for bookings is Sunday Evening.

Kingfishers Bridge Visit – Friday 31st January.

On Friday, the children are looking forward to their visit to Kingfishers Bridge Nature Reserve. Please can your child have a small back-pack or drawstring bag (like a PE Bag) that they can have on their back to carry their lunch and drink.

This gives the children the opportunity to be hands free!

For Reception, Year 1, Year 2 and Free School Meal children, please can you email the office, by Monday morning, if you wish your child to have a packed lunch provided by Bryan.

School lunch price increase from Monday 3rd February

We have tried to hold off as long as possible to increase the price of school meals, but due to the increase in groceries we have had to. School meals, from Monday 3rd February, will increase to £2.75 a day, £13.75 a week.

Our menus are freshly prepared in our kitchen and we do not want to reduce the quality of the food.

Speaking and Listening

Here are two more of my 'conversation starters'. Research tells us that it is so important that we engage in meaningful conversations with our children. It helps them to grow as both speakers and listeners.

- If two people face each other 5 meters apart and one person moves half distance towards the other they should be 2.5 meters apart. Keep on repeating this, do the 2 people ever meet? (Give it a go with 2 'real' people!)
- What colour is:
 1. Happiness
 2. Sadness
 3. Fear

These are just fun ideas for a discussion to have with your family or friends. The intention is to provide an opportunity for fun discussions as a family. Hope they are useful! I know some of you have used these and have had great fun with them. Enjoy!

That's all from me.

Have great week

David Sandford

Please make sure you check our [school calendar](#) to stay up-to-date with information about future

To see what's been happening at BGPA, please visit our [website](#)

Next Week's Menu

	Monday	Tuesday	Wednesday	Thursday	Friday – SCHOOL TRIP
Main Meal	Macaroni Cheese (G) (MK)	Homemade Beef burger in a bun (G)(E)	Mild chicken curry with Rice (G)	Toad-in-the-hole with gravy(G)(E)(MK)	
Meat Free	Spanish Omelette - made with egg, potato and onion (E)	Halloumi Burger, Lettuce, Tomato in a Bun (G)(MK)	Mushroom carbonara (E) (MK) (G)	Vegetarian Sausage Toad-in-the-hole with gravy(G)(E)(MK) (SO) (SD)	
Side dish	Carrots, Broccoli	Beans, Sweetcorn, Homemade Potato Wedges	Broccoli, Sweetcorn	Peas, Carrots Roast Potatoes	
Jacket Potato	Jacket Potato with Choice of toppings, beans, beans & cheese (MK), cheese (MK) tuna mayo (f)(E),	Jacket Potato with Choice of toppings, beans, beans & cheese (MK), cheese (MK) tuna mayo (f)(E),	Jacket Potato with Choice of toppings, beans, beans & cheese (MK), cheese (MK) tuna mayo (f)(E),	Jacket Potato with Choice of toppings, beans, beans & cheese (MK), cheese (MK) tuna mayo (f)(E),	
Cold Option	Tuna Baguette (G)(MK)	Egg Mayo Bread Roll (G)(E)	BLT Bread Roll (G)(MK)	Cheese Bread Roll (G)(MK)	
Dessert	Gingerbread Biscuits (G)(E) Fruit, yogurt (MK)	Fruit Sponge (E)(G) Fruit or Yogurt (MK)	Chocolate Brownie (E) (G)(SO) Fruit, yogurt (MK)	Chocolate Chip Cookies (G)(SO)(E)(MK), Fruit, yogurt (MK)	
All Jacket Potatoes and Bread Rolls have a side salad. A slice of baguette is available to accompany the main meal.					

1.Allergen Key: Celery (C), Cereals (G), Crustaceans (CR), Egg (E), Fish (F), Lupin (L), Milk (MK), Molluscs (MS), Mustard (MU), Nuts (N), Peanuts (P), Sesame Seeds (SE), Soya (SO), Sulphur Dioxide/Sulphites (SD)

Larks and Owls

Please see below the schedule for this half-terms Larks and Owls.

Please book via the Arbor App/Portal

Monday	Tuesday	Wednesday	Thursday	Friday
27/01/24 Cooking: Wraps with different fillings	28/01/25 Craft, music	29/01/25 Free Play	30/01/25 Prestige Sports Nerf fun	31/01/25 Forest Experience
03/02/25 Cooking: Bread rolls with rosemary and honey	4/02/25 Craft, music and board game night	5/02/25 Movie	6/02/25 Prestige Sports Football	7/02/25 Forest Experience
10/2/24 Cooking: Smoothies	11/02/25 Craft, music	12/02/25 Free Play	13/02/25 Prestige Sports Laser tag	14/02/25 Forest Experience



Celebrating Achievement at Burrough Green

Every Friday, in our assembly, we recognise and celebrate children who have shown evidence of our school value Aspiration, Resilience and Kindness.

This week's ARK children are:

Malala Class	Etta – Ella - Tommy
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Einstein Class	Dotty – Vinnie - Eva
Teresa Class	Bodhi – Sophie - Tallulah



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through, it saves your basket, so you don't have to do anything different. Try it, it really does make a difference <https://www.easyfundraising.org.uk>

My School Fund - In association with Argos and Sainsbury's, we have a new way to fundraise for the school when you are shopping. Every time you make a purchase, both you and BG benefit with cashback. A flyer is attached to this email. Click on the link to register as an individual and link your account to the school. <https://www.myschoolfund.org/#/>