

# BG School Lunch Menu

Week A

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1<sup>st</sup> Option</b>	Pizza – Margarita (G)(MK)	All Day Breakfast Egg, sausage, bacon, hash browns, beans and tomato (E)(SD)	Carbonara (G)(MK)(E)	Chicken Milanese with Spaghetti Pomodoro (G)(MK)(E) (Breaded chicken with pasta in tomato sauce)	Fish Fingers (G)(F)
<b>2<sup>nd</sup> Option</b>	Spanish Omelette – made with egg, potato and onion (E)	Vegetable Stir Fry with Egg Noodles (SO)(E)	Tomato and Cheese Quiche (G)(E)(MK)	Vegetable Risotto	Plant based sausage Hot Dog (G)(SO)(SD)
<b>Side dish</b>	Beans, Sweetcorn	Beans	Salad and Coleslaw (E)(MU)	Peas, Carrots	Chips, Beans, Peas
<b>3<sup>rd</sup> Option</b>	Jacket Potato with Choice of toppings, beans, beans & cheese (MK), cheese (MK), Tuna Mayo (E)(MU)(F)	Pasta in a Tomato Sauce (G)	Jacket Potato with Choice of toppings, beans, beans & cheese (MK), cheese (MK), Tuna Mayo (E)(MU)(F)	Pasta in a Tomato Sauce (G)	Jacket Potato with Choice of toppings, beans, beans & cheese (MK), cheese (MK), Tuna Mayo (E)(MU)(F)
<b>Snack option</b>	Tuna Mayo Wholemeal Roll (E)(MU)(F)	Cheese wholemeal Roll (G)(MK)	Egg mayo wholemeal bread roll (G)(E)(MU)	Cheese wholemeal Roll (G)(MK)	Sausage in a Roll (G)(SD)
<b>Dessert</b>	Fruit Muffin (MK)(G)(E), Fruit, yogurt (MK)	Chocolate Brownie Biscuits(E) (G)(SO) Fruit, yogurt (MK)	Chocolate Chip Cookies (G)(SO)(E)(MK), Fruit or Yogurt (MK)	Ice Cream (MK), Fruit, yogurt (MK)	Swiss Roll (G)(E) Fruit, yogurt (MK)

All Jacket Potatoes and Bread Rolls have a side salad. A slice of baguette is available to accompany the main meal.